

Appendix B

Central Bedfordshire Council and NHS Bedfordshire Action Plan for implementing the National Carers Strategy

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
1	Leadership	Employment of Carers Lead, Carers Engagement Officer, Learning Disability Carers Development Worker and Older People and Physical Disabilities Carers Social Worker	Central Bedfordshire Council	April 2009	£163,792 Carers Grant	Green
2	Leadership	To provide an accommodation base and infrastructure for delivery of actions by NHS Bedfordshire via Carers in Bedfordshire	NHS Bedfordshire	April 2009	£30,000 NHS funding across BBC & CBC	Amber
3	Leadership	Scoping exercise to identify full range of carers services provided	Central Bedfordshire Council	April 2009	08-09 Beds CC	Green
4	Leadership	Develop a joint plan between key agencies that will and enable carers in their role	Central Bedfordshire Council and NHS Bedfordshire	April 2009	£0	Green

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
5	<ul style="list-style-type: none"> • Freedom from discrimination and harassment • Children and young people will be protected from inappropriate caring roles 	Support for Young Carers and Partners of Disabled Children	Central Bedfordshire Council	April 2009	£167,000 Carers Grant - Childrens	Green
6	<ul style="list-style-type: none"> • Improved health • Improved quality of life • Access to integrated and personalised services • Carers are supported to stay mentally and physically well 	Deliver emotional and practical one to one and group support, training and awareness raising through Third Sector Carers Organisations	Central Bedfordshire Council	April 2009	£249,000	Green

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
7	<ul style="list-style-type: none"> • Improved health • Improved quality of life • Choice and control • Freedom from discrimination and harassment • Access to integrated and personalised services • Carers have a life of their own alongside their caring role • Carers are supported to stay mentally and physically well 	To increase the number and range of breaks for carers through the guidance for NHS Carer Break Funding	NHS Bedfordshire	April 2009	£100,000 NHS funding £15,000 allocated to young carers across BBC & CBC	Amber

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
8	<ul style="list-style-type: none"> • Improved health • Improved quality of life • Choice and control • Freedom from discrimination and harassment • Access to integrated and personalised services • Carers have a life of their own alongside their caring role • Carers are supported to stay mentally and physically well 	To appoint a Carer Co-ordinator to manage budget for breaks	NHS Bedfordshire	May 2009	£30,000 NHS funding across BBC & CBC	Amber
9	<ul style="list-style-type: none"> • Improved health • Improved quality of life • Carers have a life of their own alongside their caring role • Carers are supported to stay mentally and physically well 	To increase the number of pampering sessions available to carers. To appoint sessional staff to deliver increase in provision	NHS Bedfordshire	May 2009	£30,000 NHS funding across BBC & CBC	Amber

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
10	<ul style="list-style-type: none"> • Freedom from discrimination and harassment • Access to integrated and personalised services • Carers have a life of their own alongside their caring role • Carers are supported to stay mentally and physically well 	Target carer breaks at minority ethnic groups who may not access mainstream services. To appoint a full-time Black & Minority Ethnic Carers Worker within Bedford Race Equality Council (BREC works across Bedford Borough and Central Bedfordshire areas)	NHS Bedfordshire	May 2009	£30,000 NHS funding across BBC & CBC	Amber
11	<ul style="list-style-type: none"> • Freedom from discrimination and harassment • Children and young people will be protected from inappropriate caring roles 	To provide additional support to young carers and reduce the amount of direct caring they provide. To appoint a full-time Young Carers Worker based within the Carer Hub to target young carers in educational settings	NHS Bedfordshire	May 2009	£30,000 NHS funding across BBC & CBC	Amber
12	<ul style="list-style-type: none"> • Economic well-being • Carers are not forced into financial hardship by the caring role 	Provide specific skills based training sessions to enhance social and vocational opportunities for carers.	NHS Bedfordshire	May 2009	£68,000 NHS funding across BBC & CBC	Amber

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
13	<ul style="list-style-type: none"> • Improved health • Improved quality of life • Personal dignity • Carers are supported to stay mentally and physically well • Carers respected as equal care partners 	To appoint a Carers Training Co-ordinator to oversee local delivery of national Caring with Confidence expert carer programme.	NHS Bedfordshire	May 2009	£50,000 NHS funding across BBC & CBC	Amber
14	<ul style="list-style-type: none"> • Improved health • Improved quality of life • Carers are supported to stay mentally and physically well 	To ensure the positive physical and mental well-being of carers through health checks via existing Carer Support Workers. To deliver national guidance/programme on health checks for carers when available from central government	NHS Bedfordshire	May 2009	£5,000 NHS funding across BBC & CBC	Amber

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
15	<ul style="list-style-type: none"> • Improved health • Improved quality of life • Choice and control • Freedom from discrimination and harassment • Carers respected as expert care partners • Access to integrated and personalised services • Carers are supported to stay mentally and physically well 	To develop Carers Emergency/Carers Crisis Cards with essential contact information giving carers access to support 24/7 in a time of crisis	Central Bedfordshire Council & NHS Bedfordshire	May 2009	£5,000 Carers Grant – money coming back from NHS	Green
16	<ul style="list-style-type: none"> • Making a positive contribution • Carers respected as expert care partners 	Establish Carers Partnership governance arrangements under the Healthy Communities & Older People Local Area Agreement theme group. To include carers, Central Bedfordshire Council, NHS Bedfordshire, Bedfordshire & Luton Partnership Trust, Job Centre Plus and Third Sector	Central Bedfordshire Council	October 2009	£500 Carers Grant	Amber

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
17	<ul style="list-style-type: none"> • Choice and control • Access to integrated and personalised services 	Publish, via statutory and voluntary organisations, health and community venues, a regular carers newsletter covering relevant news for carers from central government, the Eastern Region Carers Leads, Central Bedfordshire Council, NHS Bedfordshire, Bedfordshire & Luton Partnership Trust and Third Sector organisations	Central Bedfordshire Council	October 2009	£1,000 Carers Grant	Amber
18	<ul style="list-style-type: none"> • Choice and control • Making a positive contribution • Access to integrated and personalised services 	To disseminate within Health and Community settings information for carers produced by the Carers Strategy Group in conjunction with the Carers Forum	Central Bedfordshire Council and NHS Bedfordshire	October 2010	£5,000 Carers Grant	Green

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
19	<ul style="list-style-type: none"> • Choice and control • Freedom from discrimination & harassment • Personal dignity • Making a positive contribution • Carers respected as expert care partners • Access to integrated and personalised services 	Review of Central Bedfordshire Carers Emergency Respite Service, including Central Bedfordshire Carers Helpline (single point of contact) by Carers Forum, Carers Strategy Group and Carers Practitioner/Performance Group. To make recommendations for development to Carers Partnership Board for 2010-11	Central Bedfordshire Council	December 2009	£0	Amber
20	<ul style="list-style-type: none"> • Choice and control • Making a positive contribution • Access to integrated and personalised services 	The Carers Strategy Group to produce an A-Z Directory of Carers services in Central Bedfordshire including NHS, Job Centre and Third Sector services	Central Bedfordshire Council and NHS Bedfordshire	December 2009	£5,000 Carers Grant and TBA NHS funding	Green
21	<ul style="list-style-type: none"> • Personal dignity • Access to integrated and personalised services 	Design a “holding your hand through the journey” carer pathway from the start of caring through to planning for the end of the caring role	Central Bedfordshire Council	December 2009	£0	Amber

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
22	<ul style="list-style-type: none"> • Freedom from discrimination & harassment • Access to integrated and personalised services 	Identify Carers Champions within Central Bedfordshire Council, NHS Bedfordshire and Bedfordshire & Luton Partnership Trust	Central Bedfordshire Council and NHS Bedfordshire	December 2009	£0	Amber
23	<ul style="list-style-type: none"> • Improving health • Improving quality of life • Choice and control • Access to integrated and personalised services 	Raise awareness of carers rights and services through local events supporting national Carers Rights Day and Carers Week	Central Bedfordshire Council and NHS Bedfordshire	December 2009	£5,000 NHS funding	Amber
24	<ul style="list-style-type: none"> • Improved quality of life • Improved health • Carers have a life of their own alongside their caring role • Carers are supported to stay mentally and physically well • Carers respected as expert care partners 	Carers Forum and Carers Strategy Group to develop free and/or subsidised access to leisure opportunities	Central Bedfordshire Council	December 2009 (possible move to 2010-11)	£TBA	Amber

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
25	<ul style="list-style-type: none"> • Freedom from discrimination & harassment • Children and young people will be protected from inappropriate caring roles 	Develop a joint Protocol between Children's Services and Adult Services to support young carers	Central Bedfordshire Council	January 2010	£0	Amber
26	<ul style="list-style-type: none"> • Freedom from discrimination & harassment • Access to integrated and personalised services • Personal dignity • Carers respected as expert care partners 	Deliver Expert Care Partner Training for NHS, Health, Social Care and Housing and third sector Staff	Central Bedfordshire Council and NHS Bedfordshire	March 2010	£27,120 NHS funding	Amber

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
27	<ul style="list-style-type: none"> • Choice and control • Access to integrated and personalised services • Carers have a life of their own alongside their caring role • Carers are supported to stay mentally and physically well 	<p>To continue to provide carers break services (Vouchers and Direct Payments) and to Develop new and more flexible opportunities for carers to take a break as part of the Transformation through Personalisation agenda. To develop a tiered model that links universal/preventative NHS & LA services to substantial/critical FACS LA services. To include increasing the choice of respite available within Central Bedfordshire. To include exploring models such as social enterprise and investment bonds for carers.</p>	Central Bedfordshire Council	March 2010	£245,708 Carers Grant linking with £100,000 NHS funding for breaks across BBC & CBC (See 7)	Amber
28	<ul style="list-style-type: none"> • Choice and control • Economic well-being • Freedom from discrimination & harassment • Carers are not forced into financial hardship by their caring role 	<p>Support carers to balance work & caring and to return to the job market when their caring role comes to an end</p>	Job Centre Plus	March 2010	DWP funding	Amber

No.	Outcomes	Action	Lead organisation	Timescale	Funding	Status
29	<ul style="list-style-type: none"> • Choice and control • Access to integrated and personalised services 	To create carers centre(s) within Central Bedfordshire and/or a mobile carers centre to deliver a range of health, social care, housing and community services from	Central Bedfordshire Council and NHS Bedfordshire	March 2010 (possible move to 2010-11)	TBA	Amber
30	Leadership	To review current Third Sector Contracts (using report by Carers on Third Sector services in Bedfordshire and re-commission services in line with national and local strategic priorities	Central Bedfordshire Council	March 2010	£0	Amber